

ADVENTUREX

WITHOUT ADVENTURE... WHAT IS LIFE?

Sea Kayaking FAQs

1. Sea kayaking. What's it like?

Sea kayaking is a great way to explore the world. It's easy to learn, environmentally-friendly, and does not require months of training and superior strength. Sea kayaking is good for the body and mind.

2. Is it easy to learn?

No prior experience is necessary. As long as you are in good health and have a sense of adventure, you will quickly master the skills needed to paddle and steer your kayak.

Our experienced guides will give an introductory lesson at the beginning of the journey and will be there to help and keep everyone happy and safe throughout. Our motorised support boat is available to carry luggage, supplies and weary kayakers. You paddle as much or as little as you choose.

3. Would the expedition be too hard/easy for me?

AdventureX offers a range of itineraries so people can choose the expedition that's right for their level of fitness and experience.

On the Kadavu Classic and Family Journeys, the distances paddled each day are not huge, (3-4 hours), suitable for new-comers to sea kayaking, with optional side-trips available for the keen ones.

The Kadavu Extreme is a very challenging attempt to circumnavigate the entire Kadavu Island – so a good fitness level is required.

4. Is it safe?

It is safe. The Great Astrolabe Reef encircles the islands of the Kadavu group, and protects the land and lagoons within the reef from the ocean swell. This creates an ideal environment for sea kayaking.

The sea kayaks used in Kadavu are sleek and very stable, and all are equipped with the usual safety features. Our guides have kayaked, worked and adventured in wild places for many years, and are skilled in risk management and emergency medical care.

Fiji does have destructive cyclones occasionally, but usually in the period January till March.

AdventureX Expeditions take place outside of these months when the weather is more settled.

5. Do I need to be able to swim?

No. In the very unlikely event that your sea kayak should capsize, you will easily exit the boat and your high-buoyancy life-jacket will keep you afloat. Even snorkelling is possible for non-swimmers, with the help of your guide and your life-jacket.

6. What's our group size?

We keep our groups small, a maximum of 14 on each, to minimise our impact on the places we pass through, and to maximise our enjoyment of each day.

7. Are the sea kayaks singles or doubles?

We use double sea kayaks, which means you will be paddling with another person. You may like to book with a friend and paddle together, or you may be happy to get to know your fellow travellers by sea kayaking with them.

8. What about the sleeping arrangements?

In the resorts group members sleep in double or twin-share rooms. These rooms are often styled on traditional Fijian thatched houses. The rooms in general are simple, clean and comfortable and without extras such as air-conditioning, telephone and mains electricity.

Sometimes, due to the small scale of the resorts in Kadavu, it is necessary for some group members to share larger 3 or 4 person rooms.

Single rooms and/or rooms with en-suites are sometimes available at the resorts. Contact AdventureX for more information. Many of our expeditions stop overnight in Naqara village. Naqara has built 4 houses specifically for our expedition groups. These houses and the shared bathroom facilities in the village are very much local-style, so come with a sense of adventure.

9. Is Scuba-diving possible?

The snorkelling and scuba-diving around Kadavu is world-class, and highly recommended. Snorkelling equipment and instruction is included in the expedition price. Some of the Kadavu resorts visited by AdventureX have certified scuba-dive operations and rental equipment is available – see our Matava extension.

10. Apart from the Sea kayaking, Snorkelling and Scuba-diving, what else is there to do?

Where do we start? There's lying in hammocks, reading books, going fishing, trekking into the hills, swimming under waterfalls, beach-combing, meeting the locals, learning about the forests, bird-watching, taking photos, exploring, playing beach-volleyball and coconut petanque, dining with friends, sharing stories, watching the sun set, playing guitars, gazing at stars, sleeping soundly.... Need we say more - You'll love it!